



# THE FOREST HIGH SCHOOL CENTER



BOYS & GIRLS CLUBS  
OF THE PENINSULA

## Virtual Programming Schedule

### MONDAY

4pm - 5pm  
**Social Media Crew**  
*Nestor Leon*

4:30pm - 5:30pm  
**Homework Support**  
*Lauren Kang*

5pm - 6pm  
**Fit Lifestyle**  
*Erik Neri*

### TUESDAY

3:30pm - 4:30pm  
**Forestopoly**  
*Mz. Chillin*

4pm - 5pm  
**Yoga**  
*Erik Neri*

4:30pm - 5:30pm  
**Logos**  
*Jacob Crowell*

5pm - 6pm  
**Jeopardy**  
*Lauren Kang*

5pm - 6pm  
**Alg. I & Geom. Support**  
*Lauren Kang*

6pm - 7pm  
**Alg. II & Pre-Calc. Support**  
*Lauren Kang*

### WEDNESDAY

3pm - 4pm  
**Dance**  
*Erik Neri*

3:30pm - 4:30pm  
**Culture Club**  
*Lauren Kang*

4:30pm - 5:30pm  
**Homework Support**  
*Lauren Kang*

5pm - 6pm  
**West Wing Wednesday's**  
*Mz. Chillin, Jacob Crowell, Nestor Leon*

### THURSDAY

11:30am - 12:30pm  
**Spok'n Wordz**  
*Mz. Chillin*

3:30pm - 4:30pm  
**Forestopoly**  
*Mz. Chillin*

4pm - 5pm  
**Virtual Tournaments**  
*Erik Neri*

4:30pm - 5:30pm  
**Logos**  
*Jacob Crowell*

5pm - 6pm  
**Cal. & Stats. Support**  
*Lauren Kang*

5pm - 6pm  
**Keystone/Woke Clips**  
*Rosmeri Ramirez*  
6pm - 7pm  
**All Math Support**  
*Lauren Kang*

### FRIDAY

12pm - 1pm  
**YoY Ambassador**  
*Ruby Fong*

12pm - 1pm  
**Korean Culture Club**  
*Lauren Kang*

4pm - 5pm  
**Social Media Crew**  
*Nestor Leon*

4:30pm - 5:30pm  
**Homework Support**  
*Lauren Kang*

5pm - 6pm  
**Fit Lifestyle**  
*Erik Neri*

**SIGN UP FOR TRACKS: [HTTPS://TINYURL.COM/FORESTVP](https://tinyurl.com/forestvp)**



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## Virtual Programming Descriptions

### **SOCIAL MEDIA CREW** (NESTOR)

The goal is to create interactive and engaging content for our social media pages.

### **HOMEWORK SUPPORT** (LAUREN)

Receive support from staff to complete your assignments.

### **FIT LIFESTYLE** (ERIK)

Fitness class for students to follow along from home.

### **SPOK'N WORDZ** (MZ. CHILLIN)

In an effort to increase our vocabulary and enhance rhyme skills, we are meeting to learn how to make a mark on the art of Spoken Wordz.

### **FORESTOPOLY** (MZ. CHILLIN)

A small group of teens are completing the redesign of the board game Forestopoly utilizing Adobe Illustrator, Adobe Photoshop, Adobe InDesign and Google docs.

### **VIRTUAL TOURNAMENTS** (ERIK)

A time for members to get to check in and socialize with their peers via sports video games.

### **LOGOS** (JACOB)

Students will be working on making a "West Wing" logo using Adobe Illustrator.

### **JEOPARDY** (LAUREN)

Drop-in programming of virtual jeopardy.

### **CULTURE CLUB** (LAUREN)

Read about and discuss current events.

### **MUSIC PRODUCTION** (NESTOR)

Tips and tricks on how to be an effective and efficient producer from home.

### **USING CLIPS** (JACOB)

Students will get the opportunity to learn the apple app "Clips" where they can create their own video media.

### **KEYSTONE / WOKE CLIPS** (ROSSMERI)

Join to watch "WOKE" movies around social issues impacting your communities and participate in a group discussion afterwards.

### **YOY AMBASSADOR** (RUBY)

Calling out previous Youth of the Year to provide mentorship and support to next year's cohort of Youth of the Year candidates.

### **KOREAN CULTURE CLUB** (LAUREN)

Learn about Korean culture through language and music.

### **YOGA** (ERIK)

Join for an hour of yoga to relax your mind and body.

### **DANCE** (ERIK)

If you are looking for a fun way to stay active, join the dance class with Alex and Erik to get a fun workout while dancing to your favorite music.

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